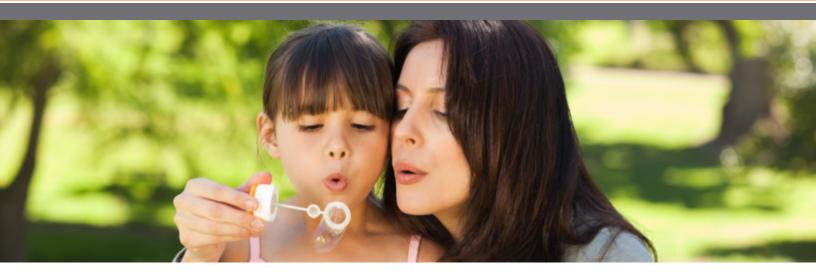
Child/Parenting Support



Working well can be a challenge with little (and not so little) ones underfoot. Our Child/Parenting Support gives you extensive services for families with children from birth to age 18.

Tell our specialists what services you're looking for and any specific needs. We'll research the options available in the area and find qualified choices for you and your child. You'll receive detailed information for each option — including services offered, cost, professional credentials and contact information — via telephone, fax or email.

Parenting advice is just a phone call away

Call us anytime for personal consultation and expert information for any parenting questions you may have, including:

- Pregnancy, childbirth and newborn issues
- Child development
- Communicating with your teen
- Special needs children
- Separation anxiety

Finding childcare has never been easier

We'll help find the best resources for all these and more:

- Daycare, schools and summer camps
- Back-up childcare and sick-child care
- Nanny and au pair services
- Parenting classes and support groups
- Adoption agencies

Online anytime

You can also visit liveandworkwell.com to search for licensed childcare centers on your own. The site includes checklists to help you choose the care provider that's best suited to your needs, plus helpful articles and tip sheets on a variety of child and parenting issues.

Get started today

To use Child/Parenting Support services, simply call the toll-free number provided below. Our specialists are available 24/7 to assist you. All calls and use of services are kept completely confidential. All referrals are free, but you may have to pay for any referred service you use.

Contact us anytime you need help with any of life's concerns.

(800) 358-8515

TDD/TTY Dial 711 and enter the number above.

or log on to

www.liveandworkwell.com

access code: 5271