



# Safety Training by Puget Sound Energy

Puget Sound Energy provides instructor-led safety training to those who work near our underground natural gas pipelines and overhead high voltage equipment. This **free** training is ideal for public works departments, construction companies, PUDs, fiber and optic providers, property management companies, and many others.

## Electric/High Voltage

Our high voltage training is approximately **2 hours** and is led by an experienced electric first responder.

The training covers the following:

- Basics of electricity and the power grid
- Electrical injury hazards and its effects
- Step and touch potential
- Working safely near power lines & downed wires
- Vegetation management
- Q&A

## Natural Gas

Our natural gas training is approximately **90 minutes** and is led by an experienced gas first responder.

The training covers the following:

- Natural gas basics
- PSE's natural gas system
- Protecting yourself and others
- Natural gas system mockup demonstration
- Coordination of emergency response with PSE
- Q&A

## Safe Digging

Our natural gas training is approximately **1 hour** and is led by an expert in damage prevention and safe digging.

The training covers the following:

- Washington's dig law
- Locates
- How to avoid damaging underground infrastructure
- What to do if damage is done to our infrastructure
- Requirements for contacting PSE on large projects
- Q&A

We can customize training length and content to accommodate your schedule.  
Please note that weather and other factors may restrict our availability during certain seasons.

To schedule a training, contact the public safety team at [publicsafety@pse.com](mailto:publicsafety@pse.com).

Trainings can be scheduled during regular business hours and can be held at your location or at one of our bases.

